



The FoNS Weekly News



The Art of Nursing: Real Partnership Through Art

Jolie Goodman: Guest Editor

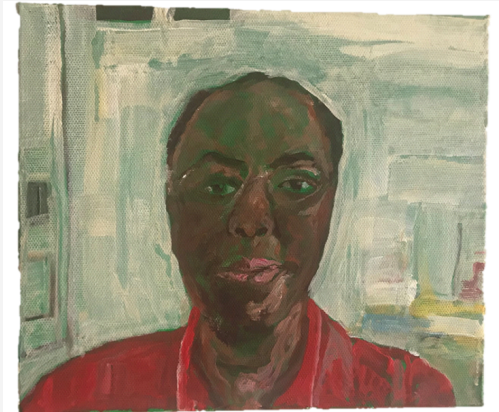
Delighted to introduce this guest edit from Jolie, one of the FoNS Lived-Experience Co-Production Leads

I spoke at last week's RCN's webinar about how the work that I have made as an artist, creative consultant, art workshop facilitator, visual minute taker and animator informs the work that I undertake at FoNS. Last autumn I began working at FoNS as one of the

Joint Lived Experience Co-production Leads, as well as continuing to work as a freelance artist.

I am an artist who has worked from a survivor perspective in mental health for over two decades. I identify as a painter making work in series, using both physical and digital medium, often portraits, telling stories.

I make artwork about issues I care deeply about; health is a continuing theme in my work:



Left: This is a portrait of a dear colleague Fey, or very sadly died early in the Pandemic.



Right: Here I am in a daily drawing series, receiving my first Covid vaccine.

Soon after using psychiatric services I painted *A Portrayal of the Psychiatric System*, 30 portraits of 15 people I encountered through becoming a psychiatric service user; fellow users, those involved in my care and members of the Trust Board. These paintings hung in the Maudsley Boardroom for a decade. My experience was very much of being done to and not with. I was also interested in accountability for my in-patient mixed ward experiences.



I have worked with nurses a lot of the years. Women's mental health is a passion of mine. This is the cover for the 2008 *Informed Gender Practice, mental health acute care that works for women*, produced by the Royal College of Nursing. The drawings were inspired by objects women brought to a Southwark Mind conference *Women, Resilience: Identity and Staying Well*. Some of the items feel dated but all still resonate.

[Read more ...](#)

We are seeking expressions of interest

We are seeking expressions of interest for a flexible opportunity facilitating on the FoNS Ward Manager Leadership Development Programme alongside other FoNS facilitators and in collaboration with a variety of delivery partners.

Hours and time commitment to suit you. Facilitators may be reimbursed on a self employed consultant basis or via secondment/back fill for the individual's substantive post (subject to approval of employing organisation). The role potentially includes the opportunity to develop and enhance your facilitation skills.

Due to the need to travel England-wide, we particularly welcome (but not exclusively) expressions of interest from across England.

Please send your expressions of interest to: culturesofcare@fons.org by 5pm 10 February 2025.

[Explore this flexible opportunity](#)

RBCS: A Public Programme Open to All

An online programme of Resilience-based Clinical Supervision, open to all. This participatory online programme will support individuals to deliver Resilience-based Clinical Supervision (RBCS) in their own workplace. RBCS is a tried and tested form of restorative clinical supervision, evidence-based and enjoyed by nurses and AHPs across the country and beyond.

Maximum group size is 6 people. **[Book here](#)**.

- Session 1: 21 February- 9.30-12.30
- Session 2: 28 February-9.30-12.30
- Session 3: 14 March-9.30-11.30
- Session 4: 21 March-9.30-11.30
- Session 5: 4 April-9.30-12.30

£475 per person

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