



The FoNS Weekly News



Looking back on 2024

2024: Some of the highlights for FoNS



Welcome Sheila McGovern

We are thrilled to welcome Sheila McGovern to the FoNS team.

Sheila said: *'I am delighted to join the FoNS team as a Person-centred Practice Facilitator.*

I have had such a positive and enriching experience both personally and professionally working with FoNS as an Associate facilitator since 2021. I have seen first-hand the dedication the team have to supporting the creation of person-centred cultures of care for the nursing profession across many areas of healthcare and am excited to be part of the future of this work.'

Great to be working with you Sheila!

[Sheila's biography](#)

Jane Stokes

The Team at FoNS were very sad to hear that our friend and colleague, Jane Stokes, died peacefully on 27 December 2024. Jane and her partner, Jan Dewing, who died in August 2022, were both great supporters of FoNS and their presence and contribution is and will be greatly missed.

Jane's popular Evoke cards are frequently used by FoNS facilitators and they will continue to provide the opportunity to fondly remember her.

We extend our sincere condolences to Jane's family and friends.

A JustGiving page has been set up to say thank you to the team at St. Wilfrid's Hospice who provided care for both Jane and Jan. If you would like to support the hospice in Jane's memory, please [visit this JustGiving page](#).

RBCS for Speech Pathologists

A blog by Hannah Caron

Hannah facilitated programmes of Resilience-based Clinical Supervision for Medical Speech-language pathologists (speech and language therapists) with brilliant results in terms of support and a significant reduction in reported burn out.

[Hannah's blog](#)

The FoNS Alumni

Who is it open to?

[The FoNS Alumni](#) is open to anyone who participated in one of the non-RBCS FoNS Programmes. If you haven't joined yet, please email admin@fons.org with your name, preferred email address and the name of the programme you participated in (and when if possible). We will add you to the alumni mailing list and you will receive links to future events.

Next event:

10.00-12.00, 23 January 2025: Zentangle Drawing

An online session to explore the Zentangle Method. Zentangle is an art therapy, designed to calm and quieten the mind through the repetition of lines. It is an easy-to-learn art form, whereby we create patterns to promote relaxation and focus.

Other News

Introducing Economic Impact into Evaluation

11 February 2025, 11.00-12.00

An online seminar presented by Jacque Mallender, EBD, Economics By Design.

The seminar will introduce the concepts of economics and how these can be applied in the context of evaluating complex health and welfare interventions. It will cover different value perspectives and show how these can be measured and presented in a pragmatic way. This will be illustrated using a workforce development case study.

[Book your free place](#)

Greener Nursing Challenge Launch Event

28 January 12:00 GMT

Join FoNS CEO Joanne Bosanquet, Centre for Sustainable Healthcare's Lucy Brown and Amanda Young (Queen's Nursing Institute) to find out why nurses are best placed to lead change

[Book your free place](#)

Help and support in 2025

The organisation Revisioning Nurse Distress and Suicidality, has published a list of useful organisations to support people with feelings of distress, suicidality or any work-related difficulty.

[Support links from Revisioning Nurse Distress and Suicidality](#)

Nursing Times Student Awards extended deadline

You have until 10 January 2025 to enter – 25 different categories!

[Enter the Student Times Nursing Awards](#)

Happier January

[A calendar from Action for Happiness](#)

New Grant Programme: Women's Health

From the Burdett Trust, online applications open on 6 January for proposals which focus on prevention and address health inequalities ensuring that a woman's age, ethnicity, sexuality, disability or where she is from does not impact her ability to receive information, access services, or the care she receives.

[Find out more about the Burdett Trust Women's Health programme](#)

Global Nursing Leadership Institute 2025

Applications to the Global Nursing Leadership Institute (GNLI) 2025 Programme are now open. Nurses from around the world will be selected as GNLI 2025 scholars through a competitive process. Successful applicants will be expected to find their own source of funding to attend, while bursaries may be available for those from low- and lower-middle-income countries (as per the World Bank classification).

Closing date 31 January 2025. Visit [the International Council of Nurses website](#) for more information.

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