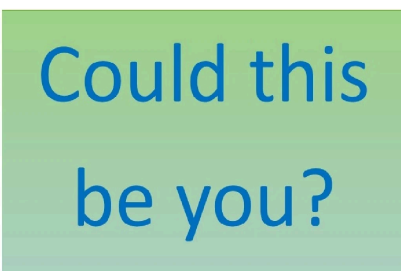




The FoNS Weekly News



Richard Tompkins Nurse Development Scholarship 2025

Call for Applications

We are delighted to announce that the Richard Tompkins Nurse Development Scholarship 2025 is now open for applications.

This scholarship offers a unique combination of the FoNS Residential Programme (28 April – 2 May 2025) and individual, ongoing mentorship for the scholar to explore their own priorities. We can support the scholar to publish, if that's where their interests lie, work on projects within the workplace, and/or connect with regional and national leaders and present at conferences.

Truly a 'once in a lifetime' opportunity!

The details:

Open to a registered nurse, midwife or health visitor who is:

- committed to developing person-centred cultures of care
- working clinically in any health or social care setting UK-wide
- at senior charge nurse level or equivalent

The closing date is 5pm on Friday 14 February 2025 so please do share and encourage applications!

All the information you need can be found on **[the Richard Tompkins Scholarship pages](#)**.

The FoNS Alumni

Have you completed a FoNS Creating Caring Cultures, Inspire Improvement or Residential Programme? We have endeavoured to contact everyone to invite them to become members of the Alumni, but apologies if you have not received your invitation. If you would like to join the Alumni, please email Lexi Sandham admin@fons.org with your name, email address and brief details of the programme you participated in.

The first session was held in October and featured a presentation by Sue Hill and Claire Henry on Resilience-based Clinical Supervision. The session was recorded and will be available to Alumni. The next session is on 'Zentangle':

10.00-12.00, 23 January 2025: Zentangle Drawing

An online session to explore the Zentangle® Method. Zentangle is an art therapy, designed to calm and quieten the mind through the repetition of

lines. It is an easy-to-learn art form, whereby we create patterns to promote relaxation and focus.

We look forward to hearing from you!

Liked this week's issue? Don't forget to share!



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