



Resilience-Based Clinical Supervision

Newsletter for Social Care Nurses: October 2024

We will be using a mailing system from 2025. To continue receiving this newsletter, please sign up on our website: [Newsletter sign up](#)

Our Community of Practice

At the last Community of Practice meeting, Matthew Adlem from Fulcrum Care Limited gave a presentation about Clinical Supervision and CQC requirements.

His main points were:

- Have a policy in place about clinical supervision and follow it
- Keep a clear record of when clinical supervision is held and who attends
- Evidence the difference between managerial and clinical supervision
- Consider how your organisation vision and values support an open listening and reflective practice
- Ask how your organisation can demonstrate that staff feel they are supported and listened to
- Can you demonstrate how you support registered employees with NMC revalidation?

CQC do not need to see an explanation of what was talked about in RBCS clinical supervision sessions, but reflections on a supervision session may be worth doing especially where organisational lessons have been identified

[View the recording and read the PowerPoint of Matthew's presentation](#)

The next Community of Practice event will be held on 11 December 2024 11.00-12.00

Here's the [event link](#)

If you have any thoughts about what you would like to discuss, please email sue.hill@fons.org

If you haven't completed your evaluation post RBCS programme – please do so: - <https://forms.office.com/e/Ti60LiNttS> we really need your feedback.

The Grounding

Relaxing and thoughts of sunshine!

<https://www.youtube.com/watch?v=uWEvseYTpVs>



Check-in

A Halloween themed check-in: Which witch are you today?



If you know anyone who would like to do the RBCS programme and is a registered nurse or nursing associate please share the registration and managers form details

[Online registration form](#)

[Manager's release form](#)

For more information contact: Sue.hill@fons.org at any time!