

Please welcome Lexi Sandham to the team

We are delighted to welcome Lexi Sandham to the team. Lexi joins us as Office Administrator. Lexi comes to us with 17 years of administration and office management. She will be working with various members of the team and we are very excited to have her working with us!

Unlocking the Power of Resilience-based Clinical Supervision: A Game-Changer for Health and Social Care Professionals

Lucy Corner, Director of Cornerstone Care Solutions Limited, recently undertook the Resilience-based Clinical Supervision programme with FoNS, read her thoughts on the value of the programme.

Lucy's blog

The FoNS Residential Programme

28 April - 2 May 2025

The FoNS Residential Programme is characterised by:

- Collaborative and participatory ways of learning and being
- Learning in, from and through the workplace
- Reflective practice
- Facilitative approaches
- Working with values and beliefs
- Understanding person-centredness, valuing all
- Recognising the impact and importance of workplace culture

Thus enabling people to be the nurse or practitioner they wish to be, working authentically and building momentum to create more caring workplace cultures. We know it works, and have seen the impact of the programme time and time again.

If you'd like to be part of this movement, please do get in touch soon, places are very limited. Visit <u>the FoNS Residential Programme</u> pages.

In a nutshell, the programme will help participants to develop knowledge, skills and confidence in facilitating the development of person-centred cultures. It's a combination of theoretical and practical, this combination means participants become creative, autonomous facilitators of culture change in the workplace.

Nurse Clinics 2024: Still time to book!

20 November 2024 (online)

Nurse Clinics 2024 will provide specialist nurses with an opportunity to hear national updates and best practice for working at advanced practice, and setting up and running nurse led clinics and services in primary, secondary and community care across a number of specialties. With sessions designed for those who are looking to improve the effectiveness or expand existing nurse led clinics and services, or for beginners looking to set up their first clinic this event is essential for all nurses offering nurse led clinics and services.

For further information and to book your place visit the <u>Nurse Clinics</u> <u>website</u>. Claim a 20% discount with code *hcuk20*fons. Email <u>kerry@hc-uk.org.uk</u> for further information.

Another happiness calendar

Regular readers will know how much we rate the Action for Happiness organisation and calendars. A little belatedly, we have found this one from 'Greater Good Magazine' – why not have a look!

Greater Good Happiness Calendar for November

Newly Qualified Nurses Free Communication Skills Training

Mon 9 Dec 2024 10:30 AM - 12:00 PM GMT Online (Zoom)

A 90 min upskills webinar from Frontline Communications explores the communication skills model, skills, and strategies that will support you in your career. All webinars are interactive with a relevant live or video role-play demonstration to show theory in practice.

Book your free ticket

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