



The FoNS Weekly News



Presenting the Professor Jan Dewing Memorial Award

Last week saw the presentation of the Professor Jan Dewing Memorial Award. It was an opportunity to celebrate Jan's work, and the 2024 winner of the award, Catherine Malia and the highly commended Melissa Balcorta. The award is supported by Jan's partner, Jane Stokes.

[Read about the presentation](#)

Resilience-based Clinical Supervision for Social care

There are still places for our October and November groups – these are completely free for registered nurses and nurse associates in social care in England.

[Read about what we've done so far](#)

[Book a place for yourself!](#)

A Commentary by Grace Cook:

Exploring the moderating role of health-promoting behaviours and self-compassion on the relationship between clinical decision-making and nurses' well-being

Grace says: 'We are delighted that nurse wellbeing is still a priority and that evidence is not just focusing on an individual responsibility but organisational responsibilities in enabling wellbeing'.

Journal of Research in Nursing

[Read the commentary.](#)

Optimistic October

Love the calendars from Action for Happiness, in October we have 'Actions to help you focus on what really matters'.

[View the calendar](#)

The Learning Disability Nursing CPD Award programme

The Learning Disability Nursing CPD Award has been specially designed to provide a programme of continuing professional development for learning disability nurses. It can be used as both refresher training for core knowledge, as well as a programme of training to enable progression to various levels of practice and specialist roles. It also provides an opportunity for people from other nursing backgrounds to gain core knowledge about learning disability nursing.

[The Learning Disability CPD Programme](#)

Michelle Cox RCN Foundation Anti-Racism Award

This is an annual grant which will support a nurse or midwifery-led project which aims to oppose racism and promote racial equality within nursing and midwifery.

The grant is open to registered nurses and midwives across the UK that are RCN members.

Grants of £2,500 will be awarded annually through a competitive process.

Applications are open from 30 September and close at 5pm on 27 October

[Application information](#)

Structural Racism, Ethnicity and Health Inequalities in London

This review by the UCL Institute of Health Equity concludes that racism damages health and wellbeing and drives inequalities.

Sir Michael Marmot says in his tweet 'Repeated exposure to racism leads to an accumulation of disadvantage & poorer health throughout life. [This]

review ... focuses on the capital, but its approach, findings and recommendations are relevant to other places in the UK and internationally'

Structural Racism Report

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