

# Facilitating the development of person-centred cultures



A five-day residential programme hosted by the Foundation of Nursing Studies

28 April—2 May  
2025

Sedgebrook Hall  
Chapel Brampton  
Northampton, UK

*“ A thought provoking week absorbed in the transformational process of active learning ”*

*“ A wonderful opportunity to meet like-minded professionals ”*

*“ I feel that I have learned a lot, I was equipped with loads of tools that I can now take to my working area and create change ”*



## Introduction

This residential programme is hosted by the Foundation of Nursing Studies (FoNS). FoNS is a leader in workplace culture change in health and social care in the UK. Our facilitators bring many years of experience working with clinical leaders and teams across all care settings, understanding the challenges and complexities of workplace cultures.

## Who should attend

This programme is designed for any health and social care practitioners who are interested in the transformation of care, services and workplace cultures so that they are person-centred.

Participants may be:

- Clinical and team leaders, educators or researchers, nurses, therapists or doctors etc.
- Involved in, or responsible for, leading and facilitating clinical teams, person-centred ways of working, evidence-based care, practice development, transformation of services, quality improvement, practice education and strategic planning
- Working in any area of health or social care, in the UK or internationally

## Programme design

For more than two decades, FoNS has been an active contributor to the development of knowledge and understanding about person-centredness and participatory approaches to facilitating workplace culture change, working with international colleagues as part of the International Practice Development Collaborative and the Person-centred Practice International Community of Practice. The programme draws upon this continuously developing knowledge base and is underpinned by the following principles:



*Explore concepts with creativity*

- Being person-centred by valuing and respecting the uniqueness, individuality, contribution and potential of all programme participants and facilitators
- Creating a learning environment that is safe, critical and creative, to enable participants to develop their self-awareness and to challenge the taken for granted perceptions of self, others, practice and culture/context
- Using theoretically based models and frameworks  
Working in ways that are collaborative, inclusive and participatory
- Drawing on and valuing participants' experiences of work and their workplaces as a key resource for learning and development
- Valuing ongoing participatory evaluation

*Enjoy a unique learning experience*

## Programme aim and learning experience

The programme will help participants to develop knowledge, skills and confidence in facilitating the development of person-centred cultures. Participants will have the opportunity to:

- Explore and clarify some of the key underpinning concepts
- Experience, critique and practice the use of methods and approaches that are participatory, creative and critical

### Key areas of learning include:

- Growing understanding of person-centredness
- Greater appreciation of facilitation to enable participatory approaches to learning and development
- Working with values and beliefs
- Exploring and evaluating workplace culture
- Using creativity to reveal and share experiential and embodied knowledge
- Participating in evaluation as a process of learning to inform development
- Fostering healthful relationships
- Engaging in critical reflection and active learning

### Other benefits include:

- Networking with others involved in leading and facilitating culture change
- Learning in an aesthetically beautiful and friendly environment
- Working in large and small groups



**“** *I will start thinking about how I formulate critical questions to help others find solutions* **”**

**“** *Ready to take lots of learning back to my trust* **”**

**“** *The most phenomenal and transformative 5 days with such inspiring people* **”**



*Exploring workplace culture*

## Pre-programme preparation

A small amount of pre-programme preparation is required, which will be built on during the week. Details will be sent to participants 4-6 weeks before the programme.

## Post-programme mentorship

To gain additional support in the ongoing learning and development of facilitation skills and leading change in practice, participants can purchase post-programme mentorship. This highly recommended add-on may be virtual or face-to-face with a FoNS facilitator/mentor, as well as telephone and email support for 12 months following the programme.

## Registration information

### Cost

The cost for the five-day residential programme is £2,050 (en-suite). This includes all programme materials, accommodation (Sunday - Thursday), breakfast (Monday-Friday), evening meal (Sunday-Thursday) and lunch, morning and afternoon tea (Monday-Friday). The cost includes accommodation on the Sunday night (27 April 2025) before the programme starts.

The cost of post-residential programme mentorship is £1,250 (for one year). Discounts may be available if more than one participant receives mentorship in the same trust/location (contact FoNS for details).

### Venue and accommodation

The venue for the residential programme is [Sedgebrook Hall](#), Pitsford Road, Chapel Brampton, Northampton, NN6 8BD.

Accommodation is at the venue. Rooms are single occupancy with an en-suite bathroom.

### Registering

Completed registration forms should be emailed [admin@fons.org](mailto:admin@fons.org). Payment can be made bank transfer or invoice. Places will be confirmed once invoices have been issued. Closing date for registration is 22 March 2025.

### Terms and conditions

Full payment will be required if notice of cancellation is received within one month of the start of the programme. Cancellations received more than one month before the start of the programme will be subject to an administration charge of 25% of the cost. Substitutions may be made up to a week before the start of the programme without incurring any penalty.

### Liability

FoNS will not accept liability for loss or damage to any personal effects that may arise from attendance at this residential programme. The organisers reserve the right to amend the programme or facilitators if necessary due to circumstances beyond their control.

### Further information and registration

For further information and to download the registration form, visit <https://www.fons.org/programmes-development-opportunities/residential-programme/>, or email [admin@fons.org](mailto:admin@fons.org).